Homemakers Items

Virginia's home demonstration club women are still fighting the battle of the bulge.

Miss Janet Cameron, VPI nutritionist who has been instrumental in organizing "TOPS" (take Off Pounds Safely) clubs, says to date 18 groups have completed a four-month program in losing weight. The 481 women in the groups weighed about 45 tons at the beginning of the program, an average of 185 pounds each. They have lost over two tons of the excess weight.

Household Hints

Did you know that:

Small tears in net curtains can be mended by applying a thin coat of colorless nail polish to the tear and pressing the frayed edges together with your fingers until the polish dries.

Coffee and tea stains in china cups can be removed quickly with baking soda and a damp cloth.

To be sure your salt will pour when there is damp weather, coat the inside of the metal top of the shaker with a thin layer of parafin. Prick through the holes.

If you have an aluminum pan that is stained, stew some tomatoes in it and the stain will disappear.

WE FEATURE ALL POPULAR BRANDS BY THE PACKAGES & CARTON

OLD GOLD

America's First Family of Cigarettes

SPENCER DRUG STORE

Demonstration Club Schedule

Home demonstration club schedule for next week:

Subject for demonstration, Foreign Foods, with food leaders in charge. Clubs complete organization for 1956 club program and plans for December meeting.

Tuesday, Nov. 15.- Appomattox Home Demonstration Club will hold its regular meeting this month in the Presbyterian Sunday School rooms. The club will meet at 11:00 A. M.

Tuesday, Nov. 15.- A special interest meeting on selection of foundation garments wil lbe held by Miss Iva Byrd Johnson, Extension Clothing Specialist, in the office of the home agent, at 2 P. M. Miss Johnson will have with her Miss Anne Ketchum, who will show a movie and will discuss foundation garments.

Wednesday, Nov. 16.- The Wreck Island Home Demonstration Club will meet at 10:30 A. M. with Mrs. C. E. Carson, Jr.

Thursday, Nov. 17.- The Libetry Chapel Home Demonstration Club will meet at 10 A. M. with Mrs. Preston Coleman for a demonstration on making aluminum trays. The demonstration will be given by Miss Edna Adcock, of Stonewall Home Demonstration Club.

WANTS WATER, GETS GASOLINE

Herman, Neb.- Mrs. Emma Miller is not so sure she likes the fact that, when she goes to her water pump to get water, she gets, instead, high octane gasoline. This has been going on for some weeks now and no one admits ownership of the gasoline. While three bulk plants are located near Mrs. Miller's home, all three operators deny that gasoline is missing from their tanks.

FLIES AND DRIVES

Louisville, Ky.- On his sixtenth birthday, Gregson Page made his first solo flight and got a beginner's permit to drive a car. He admits, however, that he flies better than he drives. He learned to fly at a flying service, where he worked as an errand boy in the summer.

THEFT IN JAIL

Hopkinsville, Ky.- While taking four youthful prisoners to the Kentucky Village correctional institution at Greendale, police had to return to the Christian County Jail so that one of the prisoners could return a pair of shoes he had swiped from another prison inmate.

Liberty Chapel

Liberty Chapel, Nov. 9.- The Rev. and Mrs. Charles Addington and the G. A. girls had a Visitation Program Sunday afternoon. They also carried fruit baskets to each shut-in they visited.

Mr. and Mrs. Melvin Spiggle and son, of Lynchburg visited in the home of Mr. and Mrs. W. W. Thornhill Sunday.

Mr. and Mrs. Percy Garrett visited Mr. and Mrs. Jessie Harvey, Jr., of Lynchburg Friday evening.

Braxton Coleman is on the sick list. We do hope for Braxton a speedy recovery.

Dr. E. C. James died at his home in Salem Saturday night. We extend sympathy to the family. Dr. and Mrs. James lived here for a number of years.

About Your Home

Has summer activity been hard on your front porch? If the floor is scratched and marred almost beyond recognition, you will be interested in a new floor and porch enamel designed only for use on floor surfaces exposed to excessive walk and wear. This seems to apply to a great many rooms in the modern home — the youngster's playroom, the hall, the kitchen and the porch.

A single coat can cover the most unsightly of scratches. There is a choice of 11 colors—light oak, dark oak, walnut, red mahogany, brown, green, red, two shades of gray, black and white. One coat of the paint dries in just four hours.

After it is applied the surface is very easy to care for. Its special chemical formulation leaves the floor surface highly resistant to floor scuffling. Ordinary soap and water are all you need to wipe the dirt off. The finish is highly polished, so no waxes are necessary. A good cleaning restores the sheen. This paint is said to be the floor paint of the future.

It is not necessarily expensive. One gallon will cover more than 600 square feet solidly. Ask your local paint or hardware store about this new paint if you are going to paint any floor surfaces in the future.

Secretary of Commerce Weeks recently declared the Eisenhower Administration was determined to get its multibillion dollar highway construction program through the next session of Congress.

Cardiovascular Teaching Fellowships Established

Cardiovascular Teaching Fellowships in Clinical Medicine have been established at Medical College of Virginia and University of Virginia School of Medicine by the Virginia Heart Association as a part of its program of physician education, it was announced today by Mr. W. Roy Parsons, President of the association.

In announcing the establishment of the fellowships, Mr. Parsons stated that the purpose is to assist promising young physicians in continuing their study in the general field of heart and blood vessel diseases.

The fellowships are to be awarded by the Deans of the respective Medical schools and are available to physicians who have completed two years of hospital training, one of which was in the field of internal medicine, and who have demonstrated an especial interest in cardiology. Physicians meeting similar requirements, and who have spent some time in practice are also elegible for the fellowships.

The fellowships are on an annual basis and become effective July 1, 1956. Each award carries a stipend of from $3,000 - $4,000, depending upon the marital status and number of children of the recipient.

SMUGGLES STEAMROLLER

London.- John McKenna believes in doing things in a big way. He was recently fined $8,820 for smuggling steamrollers out of Britain. British law prohibits the export of scrap metal, of which there is a scarcity. So McKenna shipped out his old steamrollers as working machines, which would be put to service on roads in Belgium. The jig was up, however, when some British visitors in Belgium spotted one of the relics in a Ghent junk yard and reported it to Parliament.

FALSE HUMOR COSTLY

Columbia, S. C.- In some way, the rumor got around that H. H. Brazzell was planning to plow his seven-acre watermelon patch and anyone wanting the melons could take them. Before Brazzell could scotch the rumor, more than 1,000 melons were taken.

Hixburg

Hixburg, Nov. 8.- Mr. J. S. Hix, of Thomasville, N. C., is expected next Tuesday to stay until Friday in the home of Mr. W. D. Hix, Jr.

Miss Rosalie Fore, of Longwood College, spent the week-end with her parents, Mr. and Mrs. Edwin Fore. Mrs. Hattie Charlton, of Washington, D. C., will be a guest in the same home this week-end.

Recent visitors in the home of Mesdames Johnny and William Hix were Mr. and Mrs. Jack Buchman, of Prospect, Mr. and Mrs. D[illegible] Fore, of Farmville, Rev. J. H. [illegible]derson, of Pamplin, and Mrs. [illegible] Carson.

Mr. and Mrs. Hunter Ba[illegible] entertained at a demonstration [illegible]ty Monday evening.

Mr. DeWitt Goin, of Wo[illegible] Wilson Hospital, in Fishersville, [illegible] spent the week-end at home. He [illegible] improved enough to walk a[illegible] with crutches.

Japan restricts the influx of [illegible]eign capital, envoy says.

5 Acres, More or Less

LOCATED ON THE SOUTH SIDE OF U. S. HIGHWAY No. 460, ABOUT 1/2 MILE EAST OF OXFORD FURNACE AND 6 MILES EAST OF CORPORATE LIMITS OF LYNCHBURG, CAMPBELL, COUNTY, VIRGINIA.

AT AUCTION

Saturday, November 19th

11:30 A. M.

5 ACRES, MORE OR LESS

Fronting U. S. Highway No. 460 a distance of 478 feet with a long depth.

Ideal location for a tourist court, service station or any type of business.

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Hopkins Brothers--Auctioneers

LYNCHBURG, VIRGINIA

DIAL 8-2839

1/2 Price

New Tussy Wind and Weather Lotion

Limited Time!

Regular $1.00 Size 50¢

Reg. $2 size now $1

Same wonderful Wind and Weather benefits in Hand Cream, too! Reg. $2 size ...now only $1

prices plus tax

Now with FOUR new miracle ingredients!

HEALS! With Allantoin! Amazing skin healing action for chapped, cracked skin. Helps get rid of beauty-robbing dead dry skin.

PROTECTS! With Siliconas! Act like a detergent barrier to fight off attacks of harsh detergents and soaps while Lotion soothes, refreshes.

SOFTENS! With Emollients! Skin softeners help keep skin smooth, soft despite weather. Wonderful for roughened elbows, heels, knees.

FIGHTS INFECTION! With Hexachlorophene! Checks skin germs. Reduces risk of infection through open cracks in your skin.

No Wind . . . No Weather . . . No Detergent Need Roughen, Dry or Chap Your Skin Again!

SPENCER Rexall DRUGS

• GOOD HEALTH TO ALL FROM REXALL

We have the paint colors you want!

See our Cascade of Color display of this year's newest colors precisely matched in both—

Super Kem-Tone . . .

. . . de luxe latex wall paint

and KEM-GLO . . .

. . . America's favorite enamel

- Come in and select your colors from our big Color Cascade selection—free take-home color samples.
- For beautiful velvet-like walls in living rooms, dining rooms, and bedrooms, use your favorite colors in guaranteed washable Super Kem-Tone.
- Match your woodwork to your walls with the same color in Kem-Glo, the miracle enamel with the rich subdued lustre.
- Make your kitchen and bathroom high in style with Kem-Glo's new colors, too.

Poe Hardware Company

PHONE 2612 APPOMATTOX, VA.

[illegible]plin

[illegible] Nov. 8.- Rev. W. M. [illegible] at Red Oak Church, [illegible] Sunday. He was accom[illegible] Mrs. Black and Miss [illegible] Black.

[illegible] M. Southall visited her [illegible] last week, Mrs. R. C. [illegible] of Suffolk, and Miss E[illegible]beth of Norfolk. She [illegible] her grandson, Billy Neil's [illegible] of Portsmouth Saturday.

[illegible] E. Peters and children, [illegible] are visiting relatives [illegible]

[illegible] visited Mr. E. K. Pit[illegible] Lynchburg General Hos[illegible]day were Mrs. E. K. [illegible] Mr. and Mrs. Melvin [illegible] Mrs. Lem Johnson and [illegible] Wilkerson.

[illegible] Mrs. C. W. Slayton and [illegible] spent one day last week [illegible]

[illegible] Mrs. Herman Wingfield [illegible] Mrs. Terry, of Richmond, [illegible] guests of Mrs. H. T. [illegible]

[illegible] Mrs. Robert S. Payne, of [illegible]burg, W. Va., spent last [illegible] in home of Mr. and Mrs. [illegible]

[illegible] Garrison spent the [illegible] with realtives in Lynch[illegible]

[illegible] guests in the home of Mr. [illegible] W. Slayton were Mrs. [illegible] Slayton, Peggy and Carl [illegible]

[illegible]E NOW PAYING

[illegible]p Price for [illegible]ne, Poplar [illegible] Oak Logs

[illegible]1-2 ft. long

[illegible]ay open from light [illegible]ck. See, call, or write [illegible] for information.

[illegible]E APPOMATTOX [illegible] 4602

[illegible] JOHNSON [illegible] Lumber

[illegible]ated: Just back of [illegible]y Motel off Route 24 [illegible]ile North of Town.

Slayton, Miss Mabel Boyer, of Farmville, Miss Virgie Holly, Mr. and Mrs. Jack Holly and three children, of Danville.

Miss Inez Garrison, of Lynchburg was a week-end visitor in the home of her mother, Mrs. Robert Garrison.

Mr. and Mrs. Lawrence Christensen, of Mobile, Ala.; Mrs. Edwin Amenn, of Portsmouth and Mr. Lawrence O'Neil, of Providence, R. I., were week-end guests in the home of Mr. and Mrs. W. J. Payne.

Mr. Junious Davis visited Mrs. Davis at the University Hospital Sunday. He reports that she is much better.

Evergreen

Evergreen, Nov. 8.- Quite a number from here attended the W. M. U. Executive Board meeting at Falling River Church Monday.

Mr. and Mrs. J. A. Young spent Sunday with Mr. and Mrs. L. R. Young, of Lynchburg.

Mrs. Ruth Clapp left Monday to visit Mr. and Mrs. Hugh Clapp, at Bluefield, West Va.

Mr. and Mrs. Melvin Garrett and Mrs. Clara Garrett and Mr. and Mrs. W. C. Garrett visited Mr. and Mrs. Nelson Garrett and family in Lynchburg Sunday.

Mr. and Mrs. Clayton Martin and family, of Gladstone; Mr. and Mrs. Earl Clapp and daughter, of Lynchburg and Mr. Dan Clapp, of Richmond visited relatives here Sunday.

Mr. and Mrs. Thomas Paulette and family, of Phenix called in the home of Mr. and Mrs. Melvin Grisham Sunday P. M.

Mr. Kermit Paulette has pneumonia. He is improving at this time.

Mr. and Mrs. J. C. Staples visited Mr. and Mrs. Sam White and family in Lynchburg Sunday P. M.

Mrs. Mary Sullivan, of Lynchburg spent Friday night and Saturday with her parents, Mr. and Mrs. G. W. Glover.

Mr. and Mrs. James E. Cheatham and son, of St. Petersburg, Florida, spent several days last week with his parents, Mr. and Mrs. Z. E. Cheatham.

Mrs. Lola Calhoun, of Lynchburg visited Mrs. O. C. Paulette Sunday P. M.

Mr. and Mrs. W. E. Warriner visited Mr. and Mrs. T. T. Evans Sunday P. M.

The Leonardi provisional government in Argentina recently disclosed it would ratify the 1948 Bogota Inter-American Charter "very soon" in a move to restore hemispheric ties.

Chick Chats

During the winter months, moisture that collects in the laying house poses a problem that every flock owner must face. Why do we have a damp-litter problem only during the winter? What can we do about it, and how dangerous is this excess water to the health and performance of the layers?

We have a greater problem in the winter because more water is deposited in the house then, and it becomes increasingly difficult, because of the weather and ventilation restrictions, to rid the laying quarters of moisture.

Most of the moisture increase originates with the birds. As egg production climbs, feed consumption increases and so does the water intake. This extra water is eliminated principally in the droppings, but some is discharged in the air expelled from the lungs.

A heavy-laying flock, because the birds consume more feed and water, will discharge extra water at a greater rate than a light-laying flock.

Ventilating Problems

Unfortunately, the weather during winter works against elimination of moisture from the house. When outdoor air is near the saturation point, as it is so much of the time during winter. It is impossible to improve inside conditions by increasing the ventilation rate.

The prime objective of the flock owner should be to keep the house interior as warm as possible in winter. This will increase the moisture-carrying capacity of the air.

In addition, increasing ventilation at mid-day, when the carrying capacity of the outdoor air is greater, will be helpful.

Damp litter can cause considerable trouble in the flock. Besides constituting a stress on flock health, the damp litter makes a breeding place for parasitic worms and coccidia — which can become chronic problems.

The condition of eggs laid frequently depends on how damp the litter is; when litter is dry, the percentage of dirty eggs will be lower.

Sound house construction, and easreful ventilating practices will reduce the problems of dampness in the laying house.

Subscription rate: $2.00 a year; payable in advance.

In Lisbon now

Soft, pliable leather is being fashioned into beautiful clothes for informal and formal living. Coats, skirts, suits and dresses are very smart and unusual looking made of a "skin you love to touch."

Leather is being combined with ribnit to create a slim dress of suede for the lady who wants a dress that is casual but different. Kidskin sport coat lined with alpaca and collared and cuffed with a contrasting color of suede, are expensive but will last and last.

Some of these lovely designs have an Oriental look and are trimmed and lined with linen or silk. The evening clothes are perhaps the most unusual looking of all. They offer ismple elegance that is as much at home in the suburbs as in the city.

Another new fashion note is the importance of the large fur muff to be worn with trim wool suits, Oriental lush fabrics for evening dresses, handsome - looking balck satin shirtwaists and furry plateau shaped hats to be worn with coats of textured wool tailleurs.

ONE LETTER TRIPS SUSPECT

Cleveland, O.- Because a counterfeiter overlooked the fact that 1944 nickels bore a letter P on the back, detectives traced some nickels, without the letter P, to Francis L. Henning, a 64-year-old engineer. In Henning's East Side room, agents found five zinc plates for printing $5 notes, a home-made camera and other materials for photographing and reproducing cash.

• Eyes Examined
• Glasses Fitted

Dr. B. B. Belkin

Optometrist - Optician

Lynchburg, Va.

Dial 8-2221 1108 Main

VEPCO TO EXPAND STATION AT BREMO

The board of directors of the Virginia Electric and Power Company has authorized the construction of a $22,000,000 addition to the company's power station at Bremo Bluff on the James River.

The action was taken at a directors' meeting held in Portsmouth, Va.

Work on the new 150,000 kilowatt generating unit will start immediately. It is scheduled for completion by May, 1958.

The new Bremo addition will be the same size as the first unit of the new station now being constructed by Vepco at Yorktown. Ground for the Yorktown station was broken last month and the station is scheduled to be completed in July, 1957.

Vera

Vera, Nov. 8.- Mr. and Mrs. Wiley Garrette, of Richmond visited Mr. and Mrs. Lawrence Hatcher Sunday.

Mr. and Mrs. Percy Garrette visited Mr. and Mrs. Jessie Harvey, Jr., of Lynchburg Friday evening.

The Hazel Moon Circle of the W. M. U. of Liberty Chapel met with Mrs. John Scruggs Wednesday afternoon. "Christ For the World" was the program topic.

Mr. and Mrs. Percy Garrette visted in the home of Mr. and Mrs. Russell Woodson Tuesday night.

Mrs. Willie Beale visited her son, James Beale, in Lynchburg this week.

Announcement

To render prompt, efficient service is the aim of our Service Department. In keeping with the desire to give better service, we have added to our personell

MR. CARLTON "MIKE" GODSEY

On TV and Radio Repair.

For TV, Electrical, Plumbing new installation or service, see us or call 3131.

SERVICE PERSONEL

Dick Bass — Ray Ferguson
Kermit Campbell — Mike Godsey
Henry Chenault — Robert Morris

If We Pease You, Tell Your Neighbors, If We Don't, Tell Us.

Appomattox Hardware Co., Inc.

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[illegible]S OUR BUSINESS TO PROTECT YOU AND YOUR BUSINESS!

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LEE THEATRE

• SHOWPLACE OF APPOMATTOX

Midweek Shows 7:30 and 9:30 P. M.
Friday and Saturday, 7:00 and 9:30 P. M.

[illegible]DAY & SATURDAY — — November 11-12
James Craig in
Fort Vengeance
Also Rock Hudson in
Back to God's Country

[illegible]NDAY & TUESDAY — — November 14-15
Glen Ford in
Blackboard Jungle

[illegible]NESDAY & THURSDAY — November 16-17
Robert Ryan in
House of Bamboo

COSWELL DRIVE-IN Theatre APPOMATTOX

[illegible]SWELL DRIVEIN OPEN FRIDAY & SATURDAY NIGHTS ONLY DURING NOVEMBER.
Show times — 7:15 & 9.00 P. M.

[illegible]DAY & SATURDAY — — November 11-12
Johnny Weismuller in
Tarzan and The Ape Man
Also James Craig in
Code Two

Oh-h-h! THAT NEW ROCKET T-350 !

NEW 1956 SUPER 88 HOLIDAY SEDAN.

HIGHER COMPRESSION! HORSEPOWER! TORQUE! For a new high in action and smoothness!

The going is great . . . greater than ever . . . when you take command of a '56 Oldsmobile! The Rocket T-350 is one of the big reasons. "T" is for torque . . . and it's terrific! Compression is up to 9.25 to 1. And horsepower now hits 240! In every respect, this is the mightiest, safest Rocket Engine ever built, with its ever-ready reserve of flashing power. And Olds has teamed the Rocket T-350 with new Jetaway Hydra-Matic—that revolutionary advance in *super-smooth* automatic driving. This is the time for action! Take the wheel—take the road in a new 1956 Oldsmobile *today!*

Oh-h-h! Those '56

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